



FREESTYLE SKI NOVA SCOTIA

COMPETITION INVITATION

Freestyle Ski Clubs

Martock Ski Hill

Half Pipe –February, 16th, 2014

- SANCTION:** Canadian Freestyle Ski Association (CFSA); Alpine Ski Nova Scotia (ASNS)
No inverts without proper CFSA qualifications passport
- HOSTED BY:** MSRC Freestyle Club / Ski Martock
- DATE, EVENTS :** Sunday, February 16th, 2013 Half Pipe (Best one of two runs)
- ELIGIBILITY:** CFSA General Membership, you must show membership card upon request.
Non-CFSA members can join online on the CFSA website or join CFSA at the competition registration desk.
- AGE CATEGORIES:** Male and Female:
- Bumps & Jumps – 9 and younger (July 1, 2003 and later)
 - M5/F5 - 10 to 11 (July 1, 2001 – June 30, 2003)
 - M4/F4 - 12 to 13 (July 1, 1999 – June 30, 2001)
 - M3/F3 - 14 to 15 (July 1, 1997 – June 30, 1999)
 - M2/F2 - 16 to 18 (July 1, 1994 – June 30, 1997)
 - M1/F1 - 19+ (June 30, 1994 and before)

COMPETITION OC: Chief of Competition – Pat Landry
Technical Delegate –Kevin Marczak
Chief of Scoring –Shelly Meider

ENTRY FEES: \$ 30 for competitors M5/F5 through M1/F1 (**Payments in Cash only**)
\$ 15 for Bumps & Jumps (**Payments in Cash only**)
Lift tickets are available for guest competitors at a cost of \$20.00 (**Payments in Cash only**)

ENTRIES: **DEADLINE:** Feb. 11th, 2014 (Bumps & Jumps athletes may register February 16th, 2013 from 8:30-9:20 at the MSRC building)

Via email to **Competition Secretary**, Shelly Meider, smeider@hotmail.ca
Name of athlete, gender, date of birth and division.

Please forward completed **entry form and Competitor Bio** to Competition Secretary

FINAL REGISTRATION AND BIB PICK UP: **Ski Martock:** 8:30 – 9:20 am at the MSRC building February 16th, 2013.

RULES: **Competition is held under FIS & CFSA rules**

Half Pipe athletes must perform their most difficult jump during official training on the day of the competition.

Competitors shall have a coach present at all times during all training and competition.

EQUIPMENT: Helmets & ski stoppers mandatory

TEAM CAPTAINS' MEETING: **Ski Martock** – 9:00-9:20am in MSCR building **MANDATORY**

SCHEDULE: **Half Pipe – March 3rd, 2013**

9:00-9:20am Team Captains Meeting
9:30-11:45 Official Training
11:45-12:15 Course Preparation
12:15-12:30 Forerunners
12:30-1:00 Competition 1st run - Bumps & Jumps
1:00-1:30 Competition 2nd run – Bumps & Jumps
1:30-1:45 Hot Lap (1 run warm-up lap)
1:45-2:15 Competition 1st run – M5/F5 – M1/F1
2:15-2:45 Competition 2nd run – M5/F5 – M1/F1
3:00 Medal Ceremony MSRC Patio

ACCOMMODATIONS:

Martock Area:

Avonside Motel	798-8344
Hidden Valley Chalets	542-3034
Downeast Motel	798-8374
Old Orchard Inn	542-5751
Slumber Inn	681-5000
Cottage Country	798-3334