



**FREESTYLE  
SKI  
NOVA SCOTIA**

# Freestyle Ski Nova Scotia

**2014 Junior Nationals (DM, M, BA, SS)**

**Le Relais, QC**

**March 12-16, 2014**

## **2014 Athlete Selection Criteria**

**Rev. 1**

**Nova Scotia Quota Allocation for Junior Nationals:  
7 athletes for each SS and BA, 6 athletes for M and DM**

### **Athlete Selection Prerequisites:**

1. Must be part of a freestyle program or freestyle club in Nova Scotia.
2. Have achieved Stage 3 (Learning To Train) of the CFSA Long Term Athlete Development Model , ie. proficiently demonstrated active stance and balance; executed basic mogul skiing technique; demonstrated controlled skiing on a variety of surfaces and terrain; able to execute basic jumps with tricks in a mogul course; able to grind rails; comfortable performing jumping skills with height as well as tricks, grabs, and combos.
3. Have participated in dryland training, another fitness program, or another fitness sport during the fall season.
4. Must possess a high level of commitment to the sport.
5. As long as all criteria are met, at least one athlete of each gender will be chosen to participate in each event.
6. Athletes are required to have good sportsmanship qualities, participate fully in all programs offered and demonstrate a positive and respectful attitude.
7. Athletes are selected on a discipline by discipline basis.

### **Athlete Selections:**

1. Any athlete who earns a medal at the 2013 Junior Nationals is preselected for the 2014 Junior Nationals for that discipline.
  - a. Preselected athletes must maintain all prerequisites for the 2013/2014 season.
2. The top 2 male and Top 1 female for each discipline will be preselected in 2014 based on 2013 provincial series competition results.
  - a. These selections are based on 2013 Provincial series results.
  - b. The top 2 male and top female ranked eligible athletes will be selected for each discipline.
  - c. If an athlete is already preselected based on 2013 Junior National results, the next ranked athlete will achieve preselected status.
  - d. Preselected athletes must maintain all prerequisites for the 2013/2014 season.
3. The remaining quota for each discipline will be filled following the 2014 Provincial series competitions
  - a. Eligible athletes are ranked based on 2013 and 2014 provincial series events in each discipline.
  - b. Ties will be broken by 2014 results.
  - c. Remaining ties will be broken by 2013 Junior National results in the respective discipline.

### **Athletes chosen to represent Nova Scotia at the Junior Nationals are required to:**

1. Sign and abide by the FSNS Code of Conduct.
2. Parents must have completed "Respect in Sport" parent program.

Please indicate your interest to compete at the 2014 Junior Nationals in writing to the FSNS Committee Chair, Eric Mullaley (emullaley@gmail.com) on or before January 31<sup>st</sup>, 2014.

Announcements of the teams for the 2013 Junior Nationals will be made following each 2013 provincial series event:

- Feb. 3, 2014: Moguls Team
- Feb. 24, 2014: Slopestyle Team
- Feb. 24, 2014: Big Air Team