

The **Wentworth Snowboard League** is run by Ski Wentworth as a separate Club. It's a skills development program focused on providing a safe, relaxed and educational environment to challenge and promote skill development both physically and mentally. WSL's goal is to set the foundation of the fundamental snowboard skills required for competition, employment as an instructor or coach or simply enjoy skillful snowboarding for life. Parents are expected to volunteer with site construction, competitions and fundraising events.

## CS RIDERS PROGRAM

### Wentworth Snowboard League

Ages 8-16 9 weeks

Saturdays and/or Sundays

9:30am-11:30am & 12:30pm-2:30pm

One Day program: \$495 + hst

Two Day program: \$595 + hst

\*Air Bag Pass extra

\*Mandatory SNS \$45 fee is included. Includes t-shirt at first event & entry into CS riders event.

Other comp fees extra.

Wentworth Snowboard League works with the Canada Riders Snowboard Program to provide a 3-stage development program, GREEN, BLUE and BLACK. Each level takes approximately one season, depending on skill level and development. Riders will progress through stages based on a building block system of acquiring, consolidating, and refinement of skills and goals. Riders will be educated in the whats, whys and hows of a wide range of skills in an attempt to open rider's minds to the technical side of snowboarding, in turn aiding rider's in self analysis and improvement. All riders must have a Snowboard Nova Scotia full membership allowing them to compete in SBNS competitions (additional costs for events). Once a rider has successfully completed BLACK they will have the opportunity to try out for the Snowboard Nova Scotia Wentworth Development team.

#### Green (8-12)

Riders should have basic novice skills  
Novice skill acquisition and consolidation

#### Blue (8-12)

Novice skill refinement  
Intermediate skills acquisition and consolidation

#### Black (10-16)

Intermediate skill refinement  
Advanced skill acquisition and consolidation



## WENTWORTH SNOWBOARD DEVELOPMENT TEAM

Coach: Matt Chaisson

9 weeks (6 hours/wk)

Saturdays and Sundays 12:30pm-3:30pm

Cost: \$610.00 (paid to SNS)

\*Air Bag Pass & Canada Snowboard membership fees not included

The Wentworth Snowboard Development team is a partnership between Wentworth Snowboard League and Snowboard Nova Scotia, to offer athletes at the Provincial Development level, an opportunity to be part of the provincial program while training at their home club. The Provincial Snowboard program includes summer programming and a fall trampoline program. Cost does not include Air Bag pass, summer & fall training or any extra coaching fees. Athletes are considered for the Development Team by the coach after successfully completing the CS Riders program.

\*Registration for this program is by selection only, administered by Snowboard Nova Scotia.

For further information contact:

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[www.snowboardnovascotia.ca](http://www.snowboardnovascotia.ca)

## WSL COACHING STAFF

### **Coach Matt Chaisson**

CASI Level 3

CASI Park / CASI level I & park course conductor

CS Basic Coach & Comp Intro

Working with the newly formed Wentworth Snowboard Development Team and overseeing the Wentworth Snowboard League, Matt has been coaching young snowboarders for over 20 years.

### **Coach Hiro Ozawa**

CASI Level 3

CASI Park / CASI level 2 & park course conductor

CS Basic Coach & Comp Intro

CADS Level 2 / CSIA Level 2

Hiro has a passion for snowboarding and coaching young athletes. He's a highly accomplished snowboarder, skier and disabled ski coach.



## **WORLD CLASS FACILITIES & VENUES**

Ski Wentworth boasts competitive level slopestyle, boardercross and year round Bag Jump facilities. The sites are open for training as soon as snowmaking and weather permits. Wentworth also builds a permanent skier/boardercross for season long training and competitions. In addition, Ski Wentworth has two terrain parks with features of varying levels to suit athlete development.

## **Off Season Training & Camps**

Once enrolled in a WSL program, athletes are encouraged to participate in off season training and camps. This includes: Bag Jump, Trampoline, Dryland Training and On-Snow Training Camps.

### **Bag Jump**

Year round training is now available at Ski Wentworth's Freestyle Training Centre. Season passes, day passes and training camps will be available for qualified athletes.

### **Trampoline/Dryland Training**

Trampoline is offered in conjunction with the Wentworth Freestyle Ski League at the Titans Gymnastics Club in Dartmouth in the Fall. This is an essential part of snowboard training and highly recommended by coaches for all development and competitive athletes.

### **On-Snow Training Camps**

WSL may offer a pre and post-season on-snow training camps.

### **CONTACTS:**

WSL Program Administrator: Kate MacKinnon  
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Ski Wentworth: Kim Adams Tattrie (winter season only) programs@skiwentworth.ca  
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# **Wentworth Snowboard League**



## **2017-18**

Tel: (902) 548-2089

[www.skiwentworth.ca](http://www.skiwentworth.ca)

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